

CONVERSATION CARDS: POWER



IT'S TIME TO GET TALKING ABOUT... **POWER**

WHAT DOES IT MEAN...FOR YOU, FOR US, FOR GIRLS?

THESE CONVERSATION CARDS HAVE BEEN DESIGNED TO BE USED IN SMALL GROUPS (UP TO 10) AND TO HELP FUEL YOUR DISCUSSION.

A FEW GUIDING PRINCIPLES BEFORE YOU GET GOING:

GIVE EVERYONE THE CHANCE TO ANSWER EACH QUESTION: LISTEN TO OTHERS, WITHOUT INTERRUPTING OR RESPONDING. AT THE END OF THE CONVERSATION, YOU CAN FOLLOW UP.

THERE IS NO WRONG OR RIGHT ANSWER, JUST YOUR ANSWER:

DON'T WORRY ABOUT SAYING THE RIGHT THING. IF YOU ARE THE HOST, TAKE THE LEAD SHARING YOUR ANSWER FIRST FOR EACH OF THE 6 CARDS. OF COURSE, ANYONE IN THE GROUP CAN CHOOSE NOT TO REPLY TO ANY CARD.

BE KIND & SUPPORTIVE:

REMEMBER TO BE RESPECTFUL OF OTHER PEOPLE IN YOUR CONVERSATION. FOCUS YOUR ANSWERS ON YOUR OWN FEELINGS, THOUGHTS, AND EXPERIENCES.

TIPS IF YOU ARE HOSTING THE CONVERSATION:

1. LEAD THE CONVERSATION

AS YOU TAP THROUGH EACH SLIDE, READ THE QUESTION, QUOTE, OR POEM ALOUD SLOWLY.

2. JUMP IN FIRST

TO GET THE GROUP STARTED, TRY TO ANSWER EACH QUESTION FIRST BEFORE ASKING OTHERS TO DO THE SAME. BE OPEN & HONEST.

3. KEEP IT GOING

ASK PARTICIPANTS TO ANSWER THE QUESTION WHEN THEY'RE READY. USUALLY, PEOPLE WILL SPEAK UP. IF NOT, CALL ON PEOPLE YOU TRUST. LONG PAUSES ARE OKAY.

GO AROUND & READ THIS CARD TO INTRODUCE YOURSELF:

I BELIEVE IN THE POWER OF _____!

IN MY OPINION, EMPOWERMENT IS WHEN _____.

LOOKING BACK, I FELT EMPOWERED WHEN

_____.

READ THE QUOTE ALOUD:

“WE REALIZE THE IMPORTANCE OF OUR VOICES ONLY WHEN WE ARE SILENCED.”

- MALALA YOUSAFZAI

“WHEN WE ARE SILENCED”

WHAT IS ONE WAY THAT WOMEN ARE SILENCED TODAY?

OR, WHAT WOULD THE WORLD LOOK LIKE IF WOMEN HAD A STRONGER VOICE?

“WE REALIZE THE IMPORTANCE OF OUR VOICES”

**HOW CAN YOU DO YOUR PART TO AMPLIFY THE
VOICES OF WOMEN AROUND YOU?**

READ THE QUOTE ALOUD:

**“YOU MAY SHOOT ME WITH YOUR WORDS,
YOU MAY CUT ME WITH YOUR EYES,
YOU MAY KILL ME WITH YOUR HATEFULNESS,
BUT STILL, LIKE AIR, I’LL RISE.”**

- MAYA ANGELOU

“BUT STILL, LIKE AIR, I’LL RISE”

**IN WHAT AREA OF YOUR LIFE DO YOU FEEL
SILENCED? HOW CAN YOU “RISE,” OR
RECLAIM YOUR POWER?**

THAT'S A WRAP!

PLEASE THANK AT LEAST ONE OTHER PERSON FOR SOMETHING THEY'VE SHARED, OR SHARE SOMETHING THAT YOU LEARNED FROM THIS CONVERSATION.

IMAGINE THE WORLD IF 600 MILLION GIRLS UNLOCKED THEIR POWER AND POTENTIAL.

WHEN ONE GIRL UNLOCKS HER POWER TO MAKE DIFFERENT CHOICES THAT CHANGE HER LIFE, IT INSPIRES OTHERS TO DO SO TOO. SHE STARTS A RIPPLE EFFECT THAT IMPACTS HER FAMILY, HER COMMUNITY, HER COUNTRY. THAT'S THE GIRL EFFECT.

**TO LEARN MORE AND GET INVOLVED, VISIT:
WWW.GIRLEFFECT.ORG**

**PLUS, CHECK OUT LONGWALKS.COM TO DOWNLOAD
THIS CONVERSATION AND OTHERS.**